

ADULT

3RD BROWN TO 2ND DEGREE BROWN

BLOCKS:

Plum Tree

Kempos:

Darkness

Kempos:

Roadhouse

COMBINATIONS:

16

COMBINATIONS:

17: A and B

COMBINATIONS:

18

JIU-JITSUS:

3 Front Choke

JIU-JITSUS:

3 Ghi Grabs

JIU-JITSUS:

3 Front Wrist

DISARMS:

3 Slashing

DISARMS:

3 Static

FORMS:

4 Pinan